

Altona Care Services: Care Packages
September 2026

TYPE OF CARE	CARE LEVEL	STARTING MONTHLY PRICE PER PERSON	CARE LEVEL, KEY SERVICES, AND STAFF SUPPORT
Assisted Living	AL-Level 1	R 20.000,00	- Daily check-ins by trained carers working under the supervision of a registered category staff member on each shift. - 3x Meals per day with tea time and snack times in between are included. - Cleaning services every second day are included. - Weekly laundry services are included. - All cleaning and laundry services are completed as per a set schedule / roster determined by management. - A daily activities program within the centre is included. - Any activities pertaining external involvement or travel may incur an additional cost to the payor. - Additional services such as nappy usage removal are readily available and will be done at an additional cost for the payor.
Frail Care	FC-Level 1	R 25.000,00	- 24hr Care by trained carers working under the supervision of a registered category staff member on each shift. - One on one care and therapy sessions can be arranged at an additional cost to the payor. - 3x Meals per day with tea time and snack times in between are included. - Daily cleaning and laundry services are included. - All cleaning and laundry services are completed as per a set schedule / roster determined by management. - A daily activities program within the centre is included. - Any activities pertaining external involvement or travel may incur an additional cost to the payor. - Additional services such as nappy usage removal are readily available and will be done at an additional cost for the payor.
Memory Care	MC-Level 1	R 30.000,00	- 24hr Care by trained carers working under the supervision of a registered category staff member on each shift. - One on one care and therapy sessions can be arranged at an additional cost to the payor. - 3x Meals per day with tea time and snack times in between are included. - Daily cleaning and laundry services are included. - All cleaning and laundry services are completed as per a set schedule / roster determined by management. - A daily memory activities program within the means of the resident's cognitive and physical functionality are included. - Any activities pertaining external involvement or travel may incur an additional cost to the payor. - Additional services such as nappy usage removal are readily available and will be done at an additional cost for the payor.

